



The Energetic Schematic

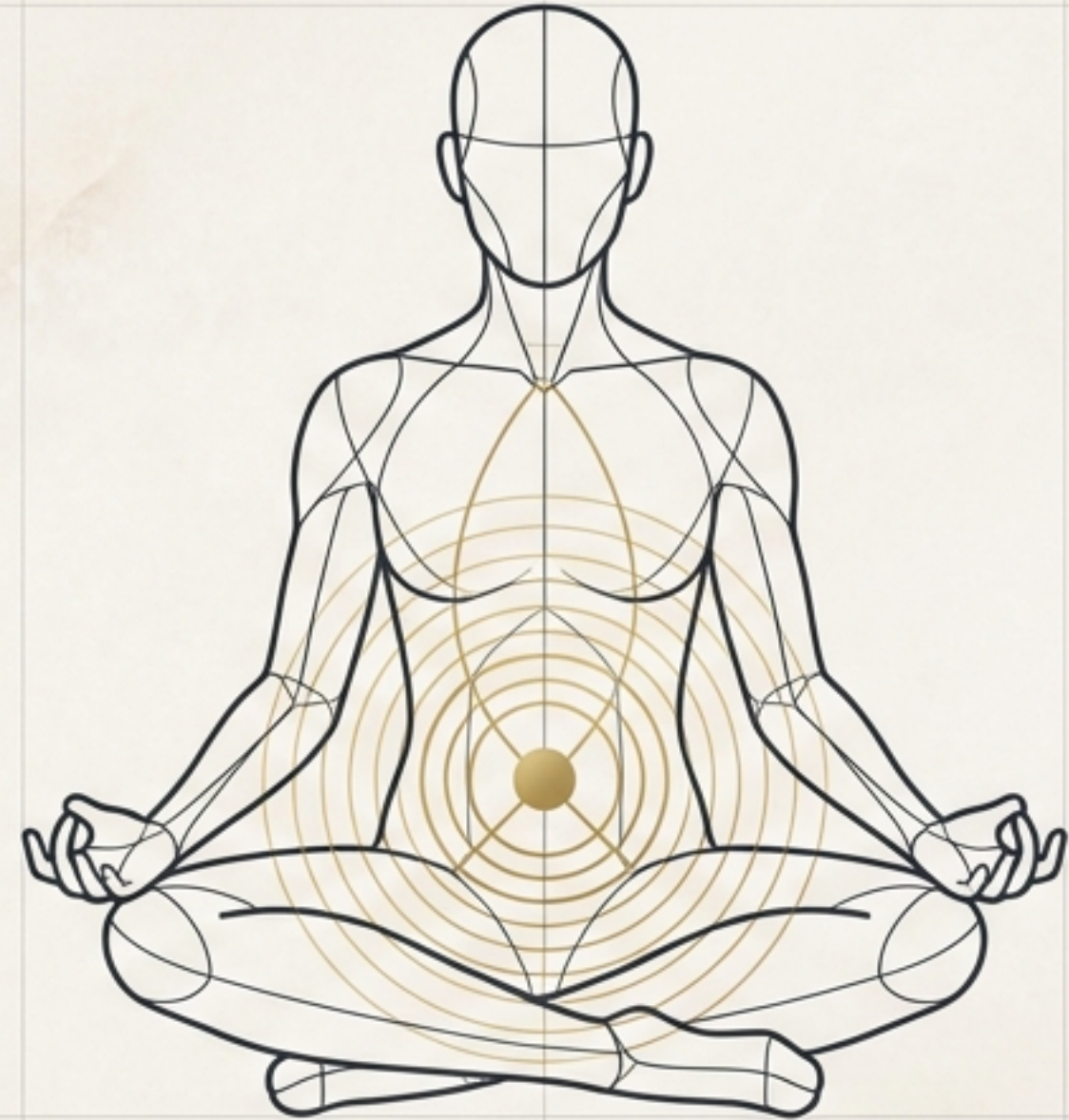
A Visual Grimoire of Daoist Hand Seals and Internal Alchemy

Architecture of the Eight Trigrams

Instruments of Internal Alchemy, Not External Control

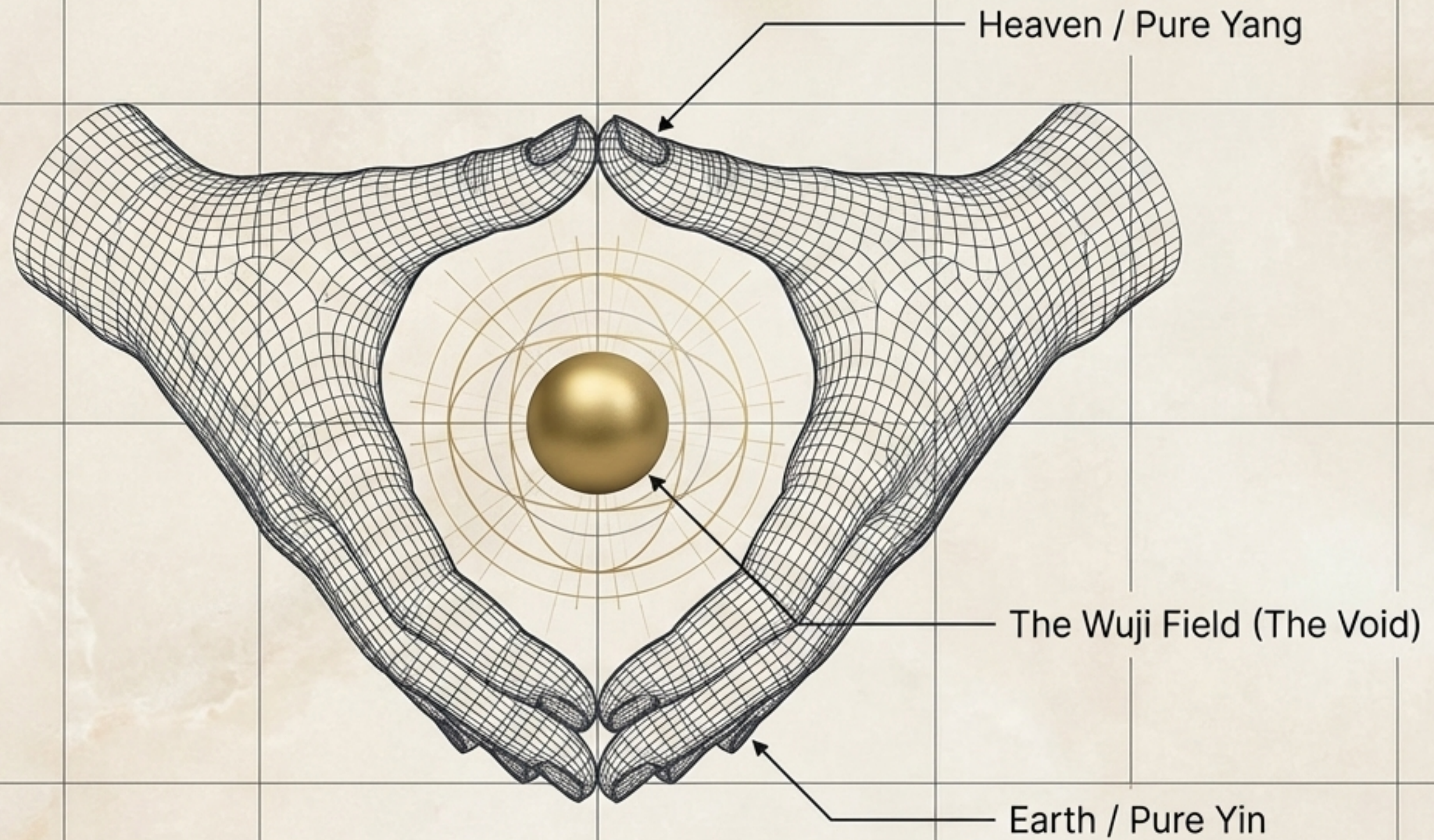


Historically, these gestures are born from Daoist ritual meditation and internal alchemy. They are not literal mechanisms for summoning storms or bending physical elements.



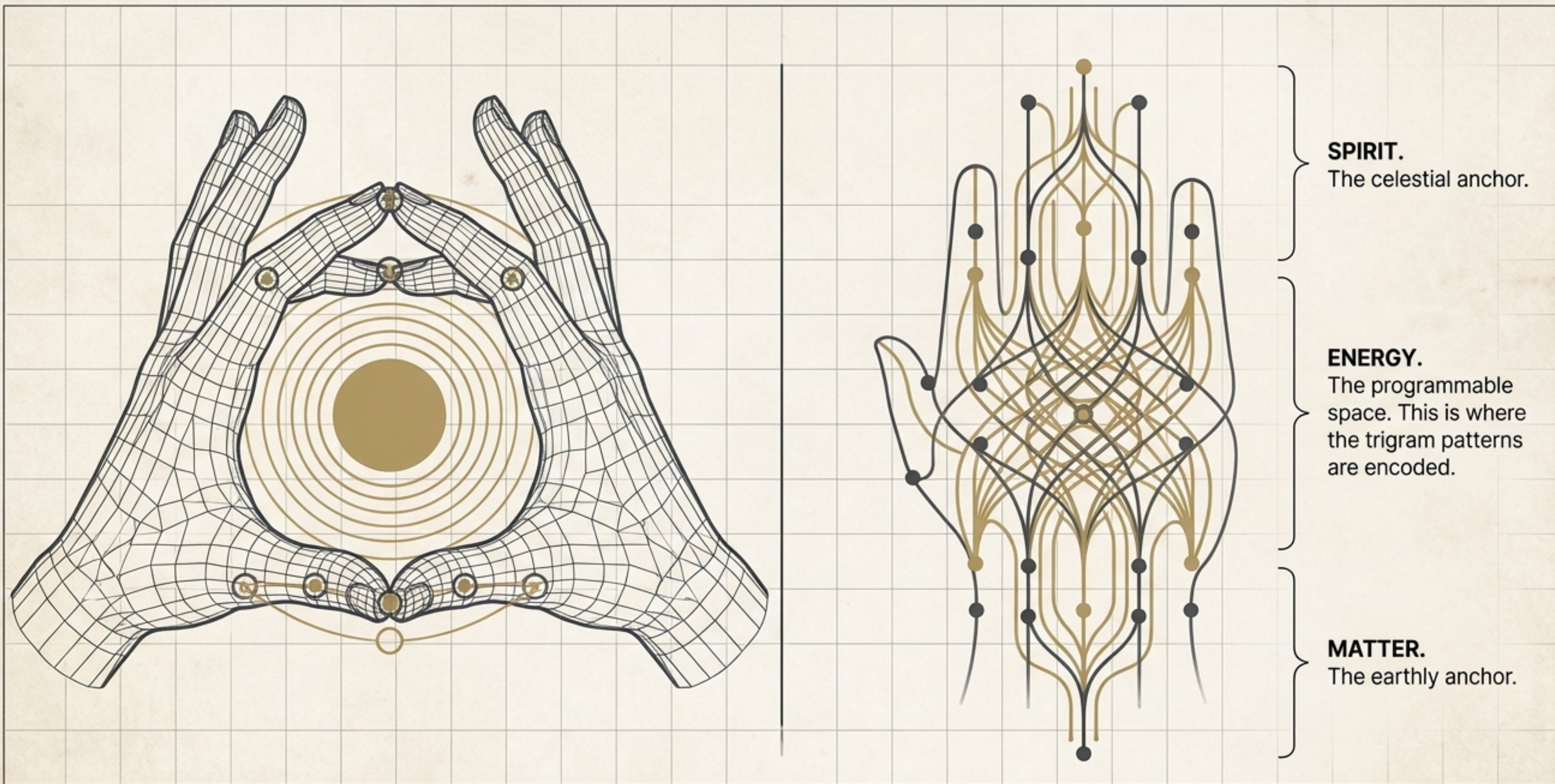
They function as highly specific symbolic templates. By forming these shapes, the practitioner creates a physical anchor to focus attention, regulate breathing, and direct visualization within the energetic body.

The Foundation: The Energy Ball Base



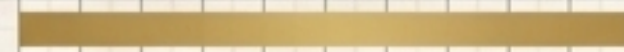
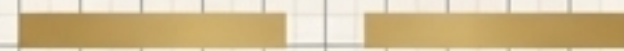
This sphere acts as the universal template field. Every trigram seal is constructed within this energetic space.

The Anatomy of a Seal: Mapping the Three Treasures



The Binary Code of Daoism

The middle six fingers act as a physical loom for the Bagua. By arranging opposing fingers into either touching (straight) or separated (bent) positions, the practitioner physically manifests the solid and broken lines of the I Ching trigrams.

	=		YANG
	=		YIN

QIAN Seal (Heaven / Sky)

Trigram:

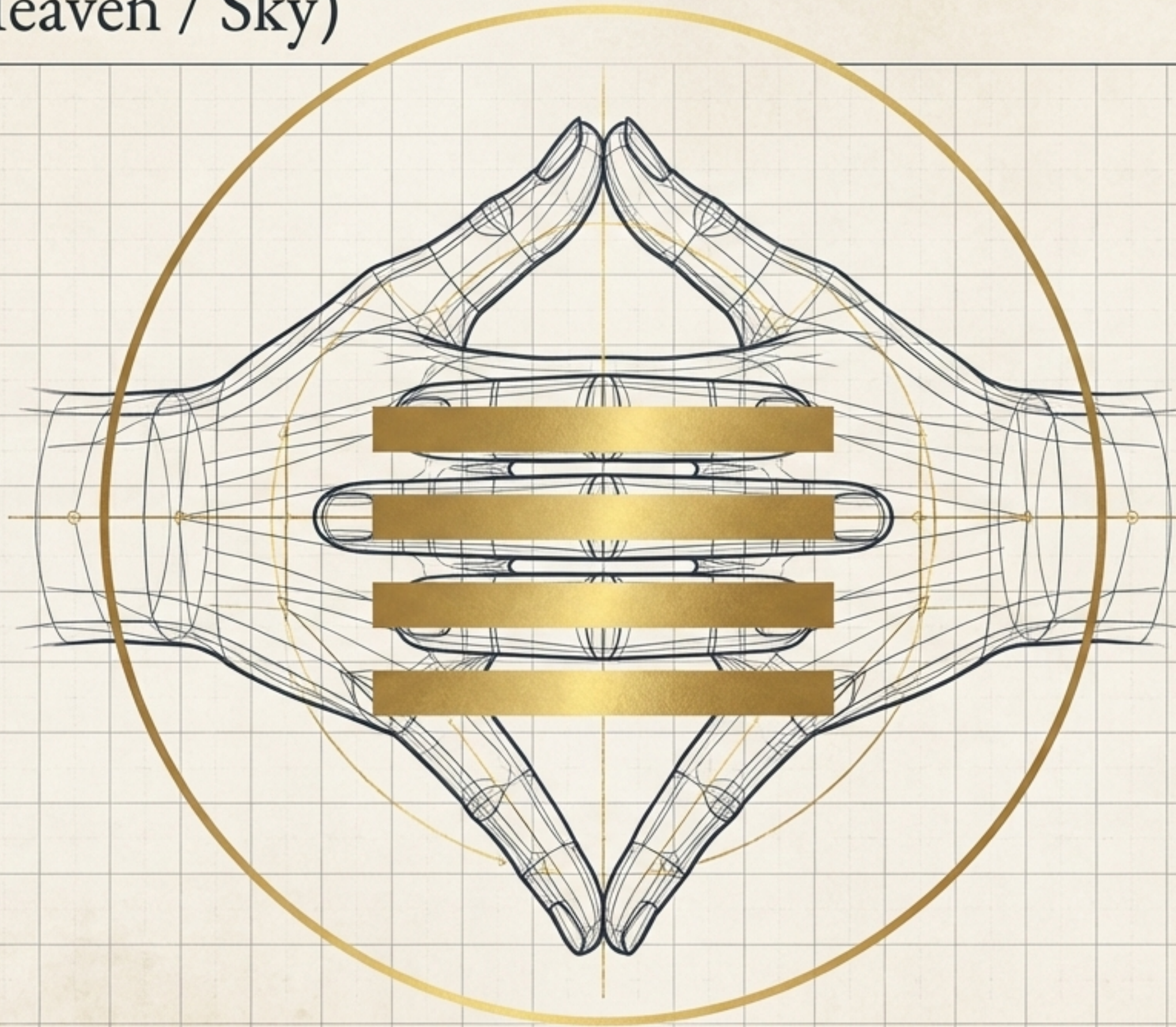
☰ (Three solid lines)

Domain:

Heaven, Sky,
Pure Yang

Configuration:

Middle fingers
elevated to
emphasize three
unbroken Yang
lines.



Purpose

- Increase personal power.
- Fuse the Three Treasures (Heaven, Earth, Man).
- Connect to cosmic and celestial forces.
- Dissolve awareness into infinite space.

KUN Seal (Earth / Receptive)

Trigram:

☷ (Three broken lines)

Domain: Earth, Receptivity, Material Manifestation

Configuration: Middle six fingers arranged into three paired, separated Yin positions, relaxed and pointing slightly downward.



Purpose

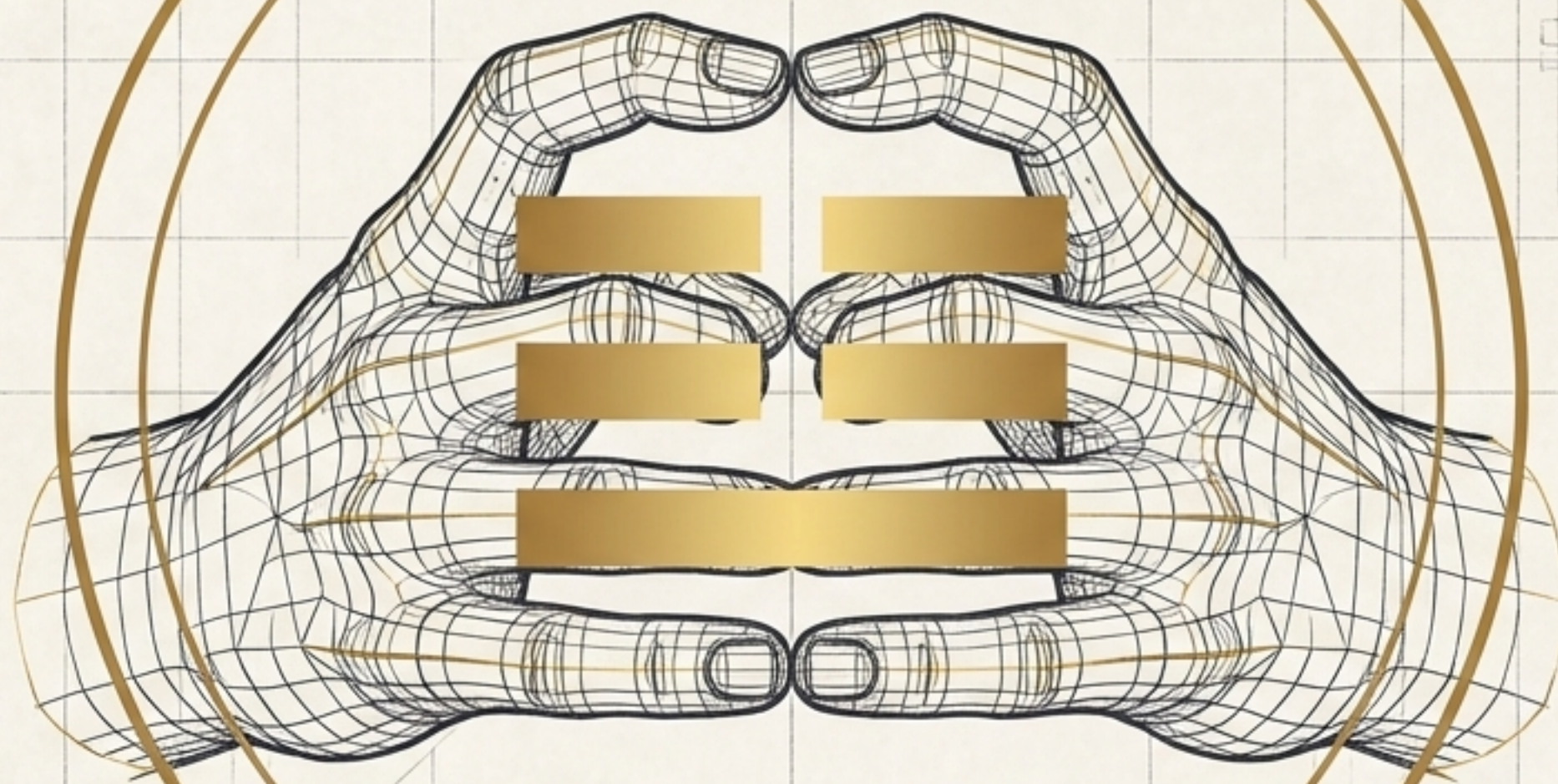
- Create energetic density and solidity.
- Strengthen physical and mental grounding.
- Enter states of deep receptivity.
- Connect with the Earth element.

ZHEN Seal (Thunder / Movement)

Trigram: ☳

Domain: Thunder,
Movement, Vitality

Configuration: Middle fingers emphasize one Yang line at the base over two Yin lines. Top fingers raised slightly to represent activation.



Purpose

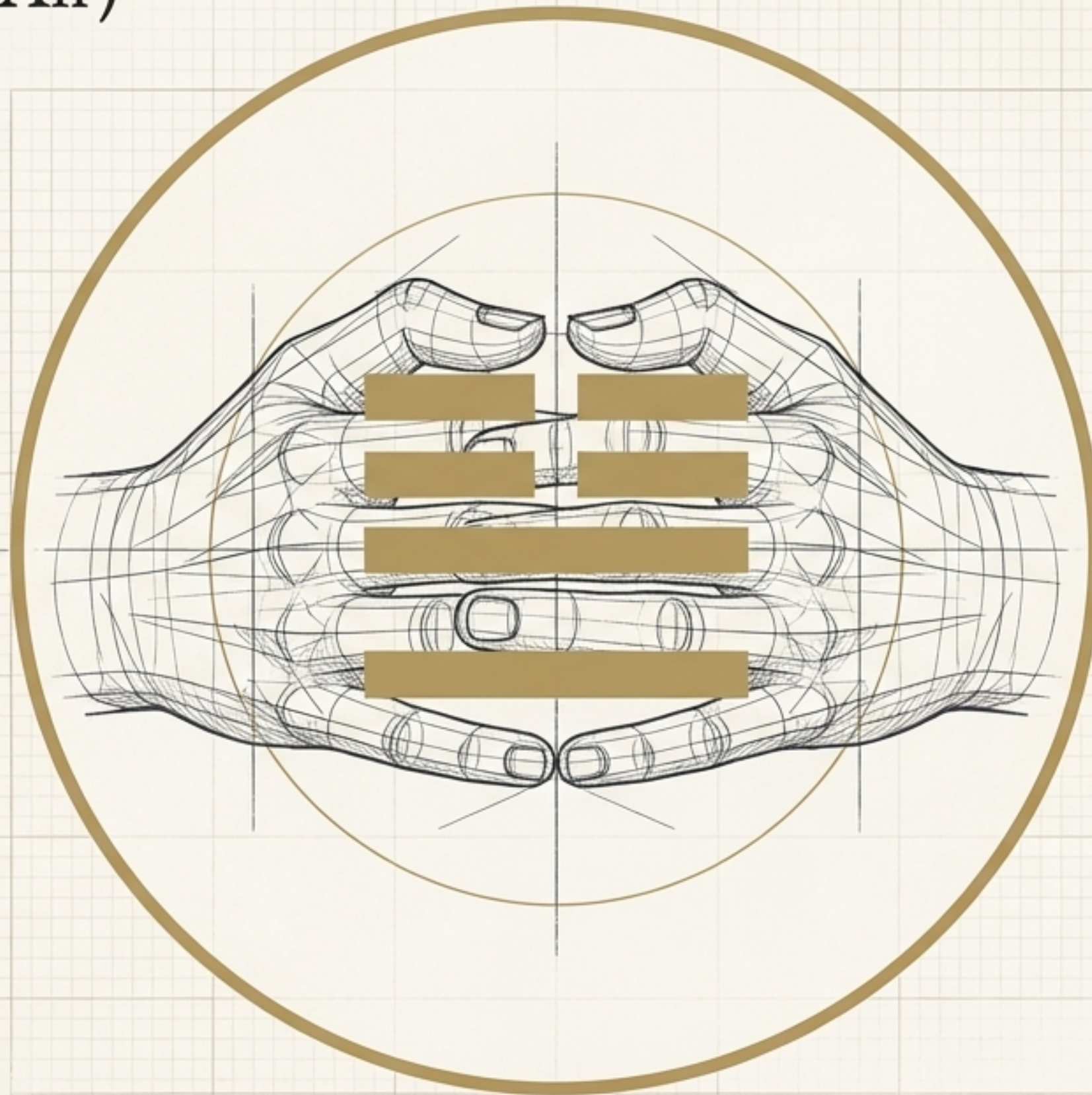
- Gather dynamic, kinetic energy.
- Initiate sudden movement and change.
- Facilitate accelerated spiritual growth.
- **Lore:** Symbolically used by Daoist sorcerers to control lightning and earthquakes.

SUN Seal (Wind / Air)

Trigram: ☴

Domain: Wind, Air, Sensitivity

Configuration: Fingers arranged with two Yang lines below and one Yin line above.



Purpose

- Gather or disperse energetic wind.
- Increase intuition, assimilation, and perception.
- Facilitate deep energetic penetration.
- **Lore:** Used symbolically to influence weather phenomena (clouds, rain, tornadoes).

KAN Seal (Water / Depth)

Trigram: ☵

Domain:

Water, Cold,
Formlessness

Configuration:

Fingers arranged in a
Yin–Yang–Yin pattern.



Purpose

- Generate sensations of cold and darkness.
- Enter shadow or hidden states of consciousness.
- Develop extreme adaptability and evasive formlessness.
- Connect to the lunar forces of the water element.

LI Seal (Fire / Light)



Trigram:

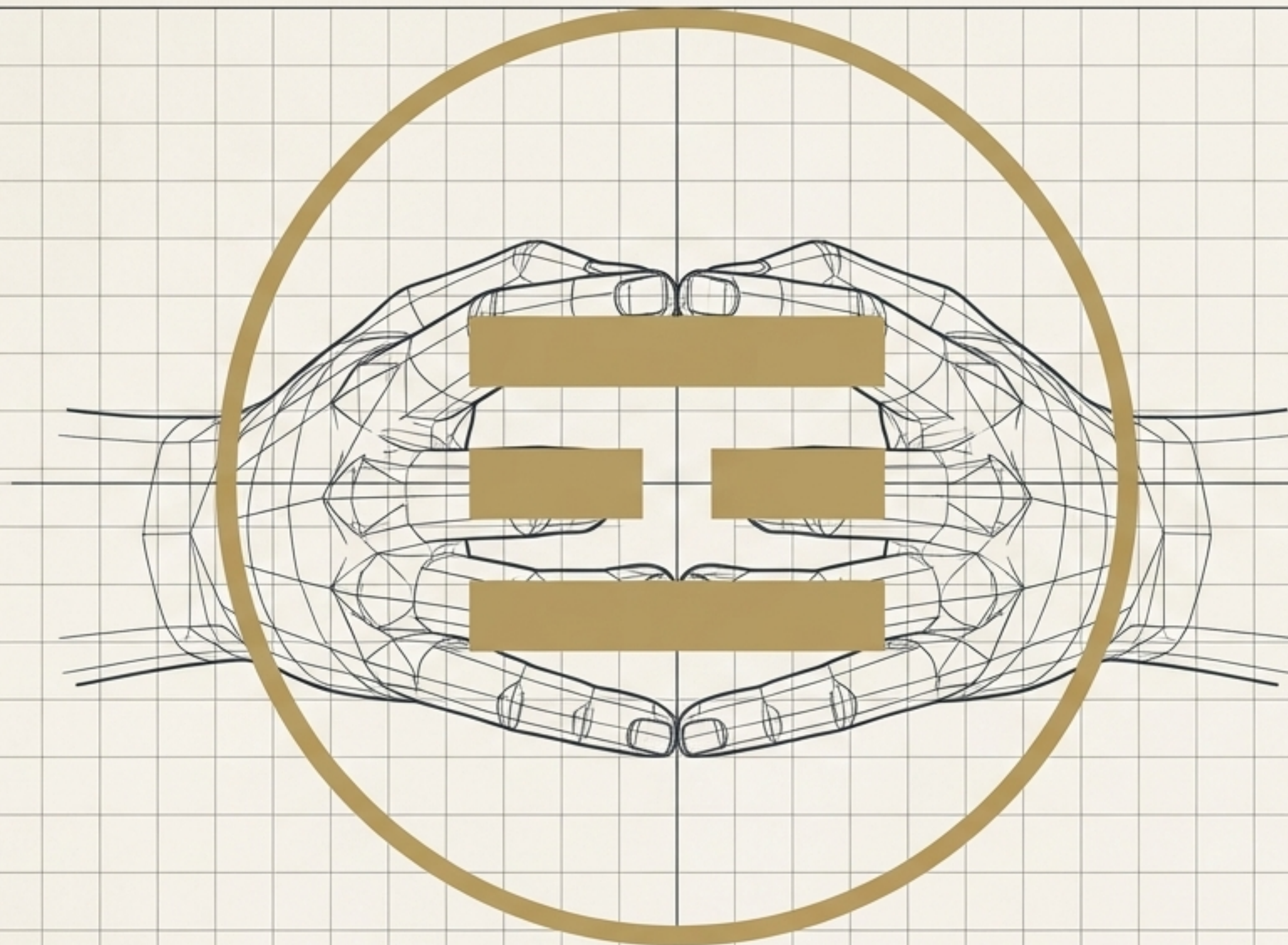


Domain:

Fire, Heat, Illumination

Configuration:

Fingers arranged in a Yang-Yin-Yang pattern.

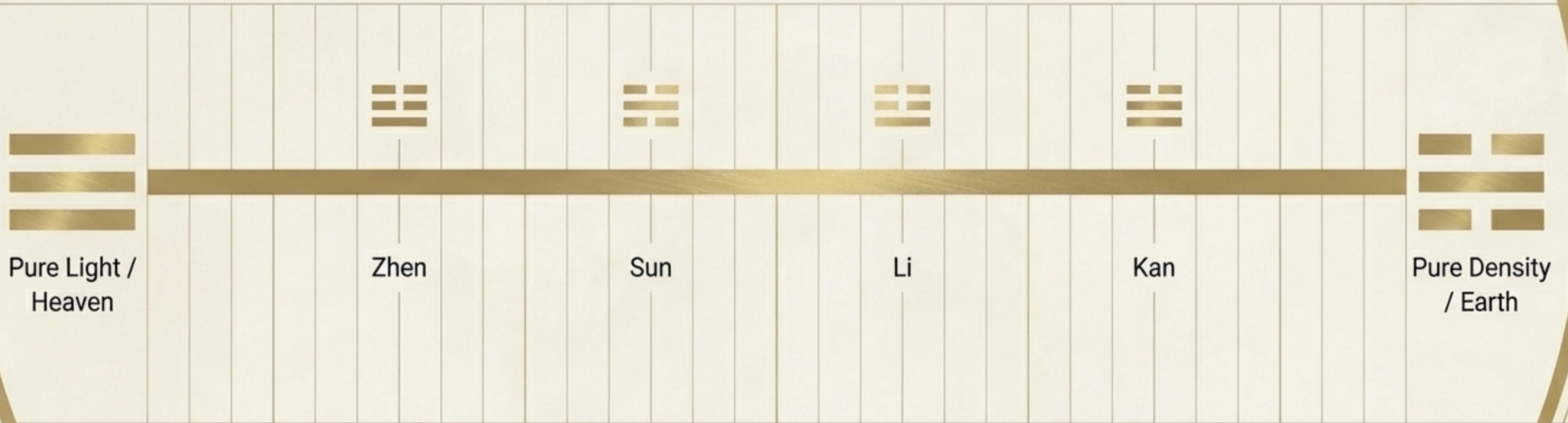


Purpose

- Generate internal fire and heat.
- Amplify light and spiritual illumination.
- Activate active solar energy.
- Connect to the incandescent realms of the fire element.

The Axis of Extremes: From Void to Density

The seals do not exist in isolation. They form a gradient of manifestation. A practitioner moves from the pure, formless architecture of Heaven (Qian), navigates through the active elements of heat, depth, and movement, and ultimately grounds into the dense material reality of Earth (Kun).

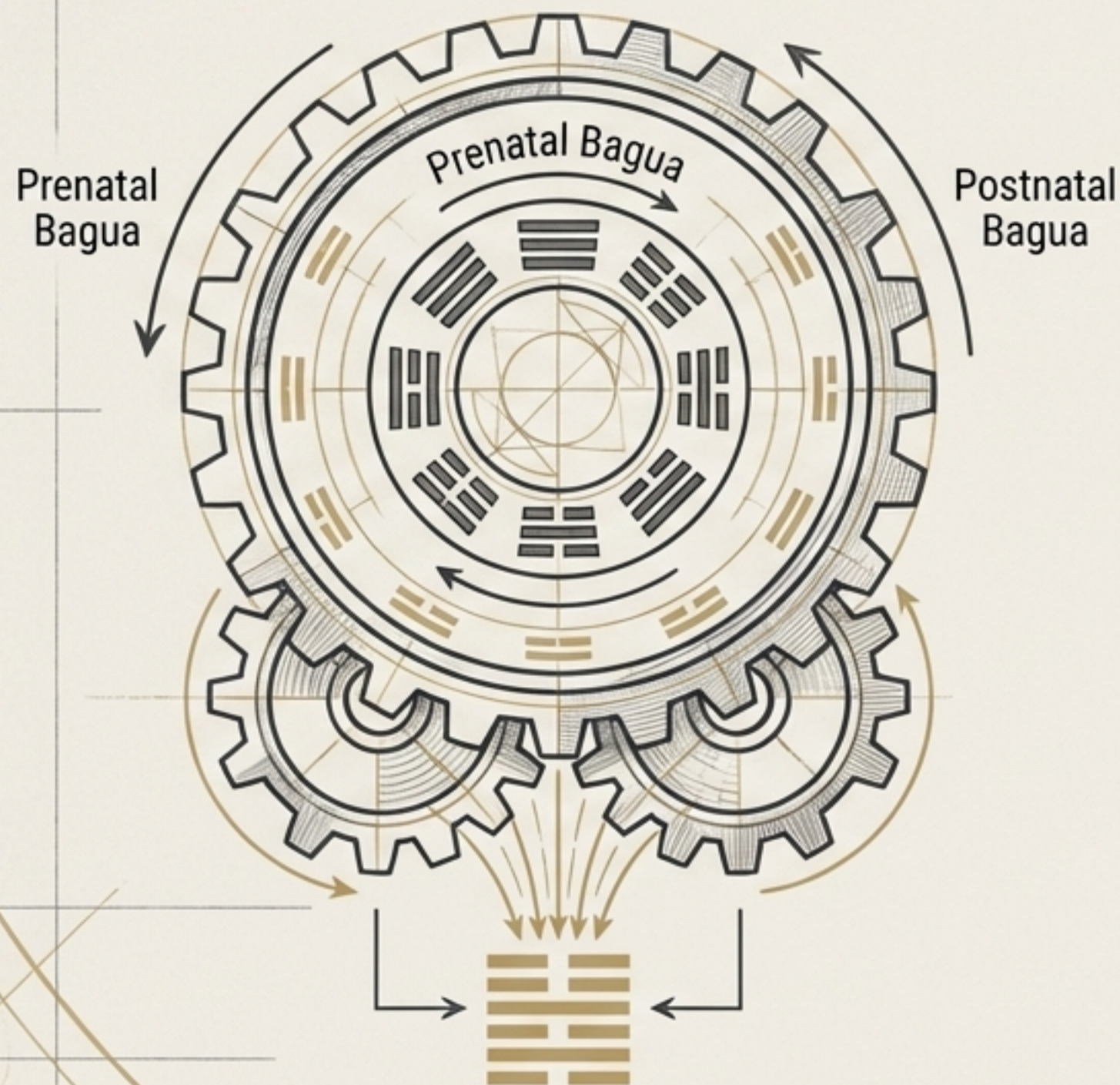


The Master Bagua Matrix

Seal Name	Trigram Symbol	Element	Hand Configuration	Primary Purpose
Qian	☰	Heaven	Yang-Yang-Yang	Fuse Three Treasures / Increase Power
Kun	☷	Earth	Yin-Yin-Yin	Create Density / Deep Receptivity
Zhen	☳	Thunder	Yin-Yin-Yang	Gather Dynamic Energy / Movement
Sun	☴	Wind	Yin-Yang-Yang	Energetic Penetration / Intuition
Kan	☵	Water	Yin-Yang-Yin	Adaptability / Enter Shadow States
Li	☲	Fire	Yang-Yin-Yang	Internal Heat / Spiritual Illumination

Advanced Application: Generating the 64 Hexagrams

The Hexagram Flowchart



Step 1: The Dual Spin

Within the energetic space, the practitioner visualizes the inside circle (Prenatal Trigrams) spinning clockwise, while the outside circle (Postnatal Trigrams) spins counterclockwise.

Step 2: The Convergence

As the spinning slows, the two circles lock together.

Step 3: The Hexagram

Three Yaos (lines) from the inner circle combine with three Yaos from the outer circle to form one of the 64 unique Yi-Jing Hexagrams, acting as an energetic portal.

Cross-Tradition Synthesis: The Functional Taxonomy of Mudras

Action & Power

(Expelling demons, threat, warning)



Karana Mudra

Gesture with which demons are expelled.

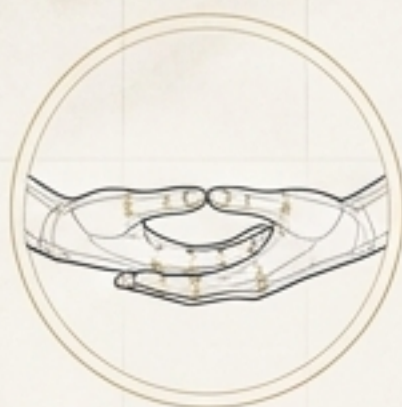


Tarjani Mudra

Threat, warning. The extended index finger is pointed at the opponent.

Meditation & Receptivity

(Greeting, reassurance, invoking the earth)



Dhyana Mudra

Gesture of reassurance, blessing, and protection. "Do not fear."



Namaskara Mudra

Gesture of greeting, prayer, and adoration. The hands are pressed together near the heart with the fingers pointing upward. To those who no longer need this gesture means they do not have to show devotion to anything.



Bhumisparsha Mudra

Touching the earth as Gautama did, to invoke the earth as witness to the truth of his words.

Teaching & Blessing

(Turning the wheel of law, wisdom, fulfillment)



Dharmachakra Mudra

The gesture of teaching and turning the Wheel of Law. The thumb and index finger form a circle, and the rest of the fingers fan out. The hands are held as if turning the Wheel of Law.



Abhaya Mudra

Gesture of fearlessness, reassurance, and protection. "Do not fear."



Varada Mudra

Fulfillment of all wishes; the gesture of charity.



The Microcosm of the Void

The seals are not merely physical gestures; they are an energetic programming language. By uniting Spirit, Energy, and Matter through the geometry of the hands, the practitioner reconstructs the macrocosm of the universe within the microcosm of their own physical form.