

SPIRIT

ENERGY

The Somatic Blueprint

Decoding the Daoist Bagua Hand Seals

18:0

Source: David Hoffman

☯	0.225	-6	11.988
☰	0.005	78	30238
☷	-00.68	2.30	6909
☳	33.20	20	-22.78
☵	15.320	3.29	10.87
☶	00.90	0.80	210.36
☱	00.75	3.24	30.098

☯	0	9.28
☰	3.60	2.69
☷	10.80	5.23
☳	1.28	0.03
☵	2.26	8.09
☶	0.03	5.08
☱	*	*
☯	0.09	0.03

18:0

Source: David Hoffman

MATTER



GROUNDING
STRUCTURE

0.20

0.03

0.00

GROUNDING

0.08

GROUNDING

STRUCTURE

0.80

0.00

Buddhist Mudras

Daoist Bagua Seals

Spirit

Energy

Matter



Dharmachakra Mudra



Bhumisparsha Mudra



Zhen (Thunder) Seal



Sun (Wind) Seal

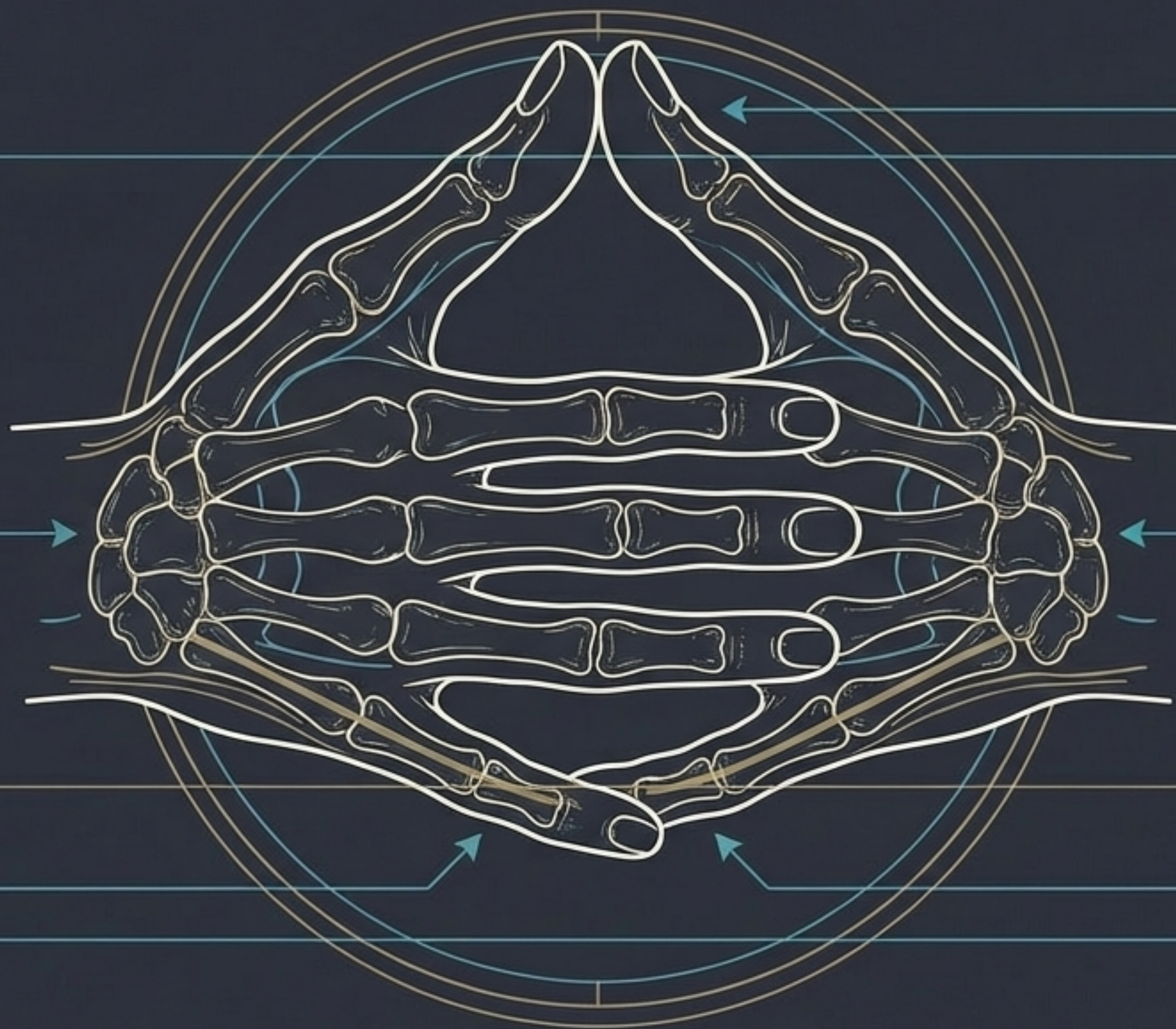
Mechanism: Symbolic & Narrative

Function: Used to invoke conceptual truths, tell a story (e.g., 'no fear', 'turning the wheel of law'), or represent historical moments of enlightenment.

Mechanism: Structural & Energetic

Function: Used in ritual meditation and internal alchemy as physical, binary-coded templates to focus attention and act as conduits for elemental forces (e.g., Thunder, Wind).

Energy



Spirit

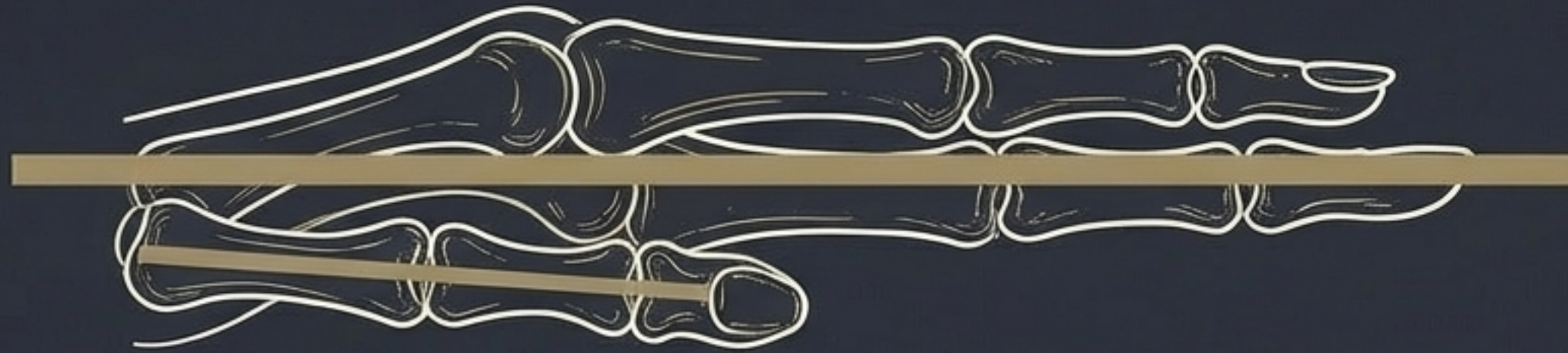
Heaven / Sky /
The Immaterial

Energy

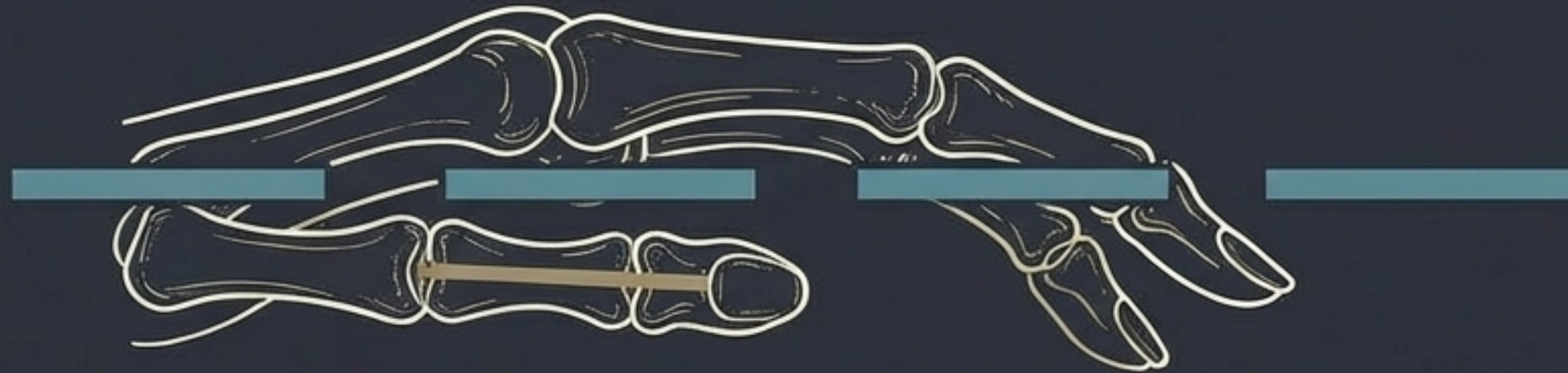
Man /
The Programmable
Interface

Matter

Earth /
Dense Matter /
Universal Form



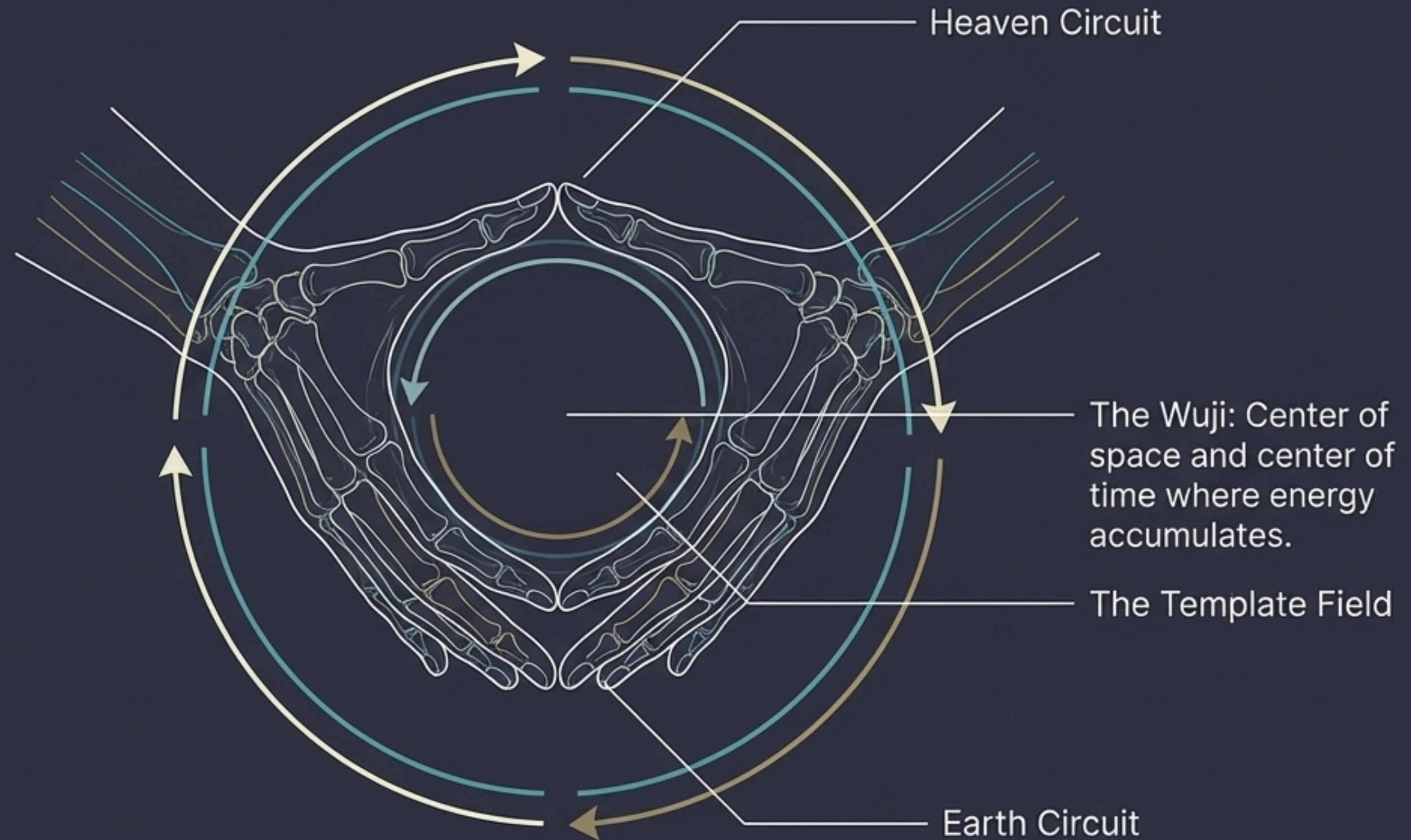
Yang Line
(Active / Connected)

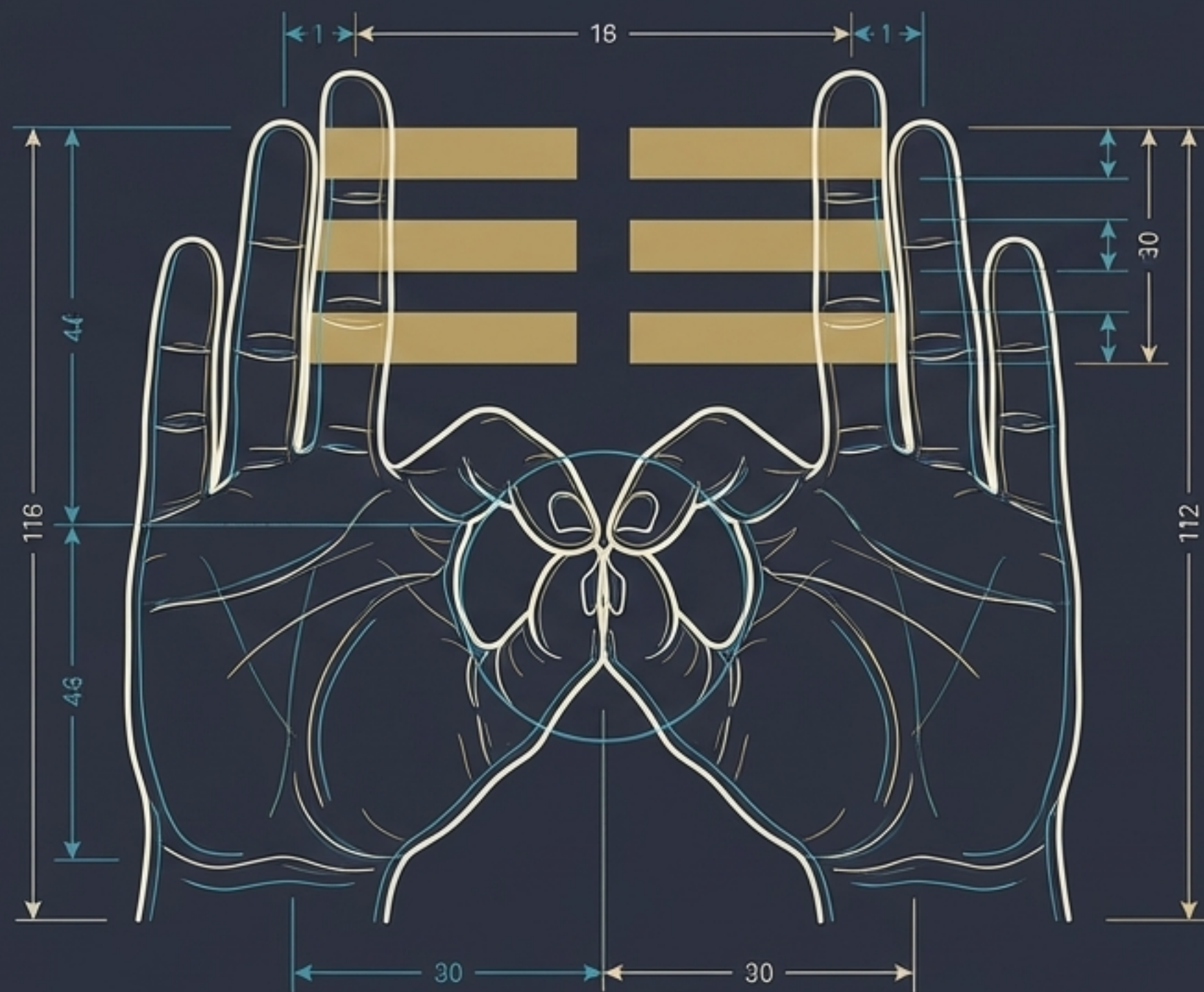


Yin Line
(Receptive / Disconnected)

The six middle fingers encode the trigram pattern.
Three pairs of fingers equal three lines of binary alchemical code.

The Core Engine: The Energy Ball





QIAN Seal (Heaven)

Trigram: ☰ (Three solid Yang lines)

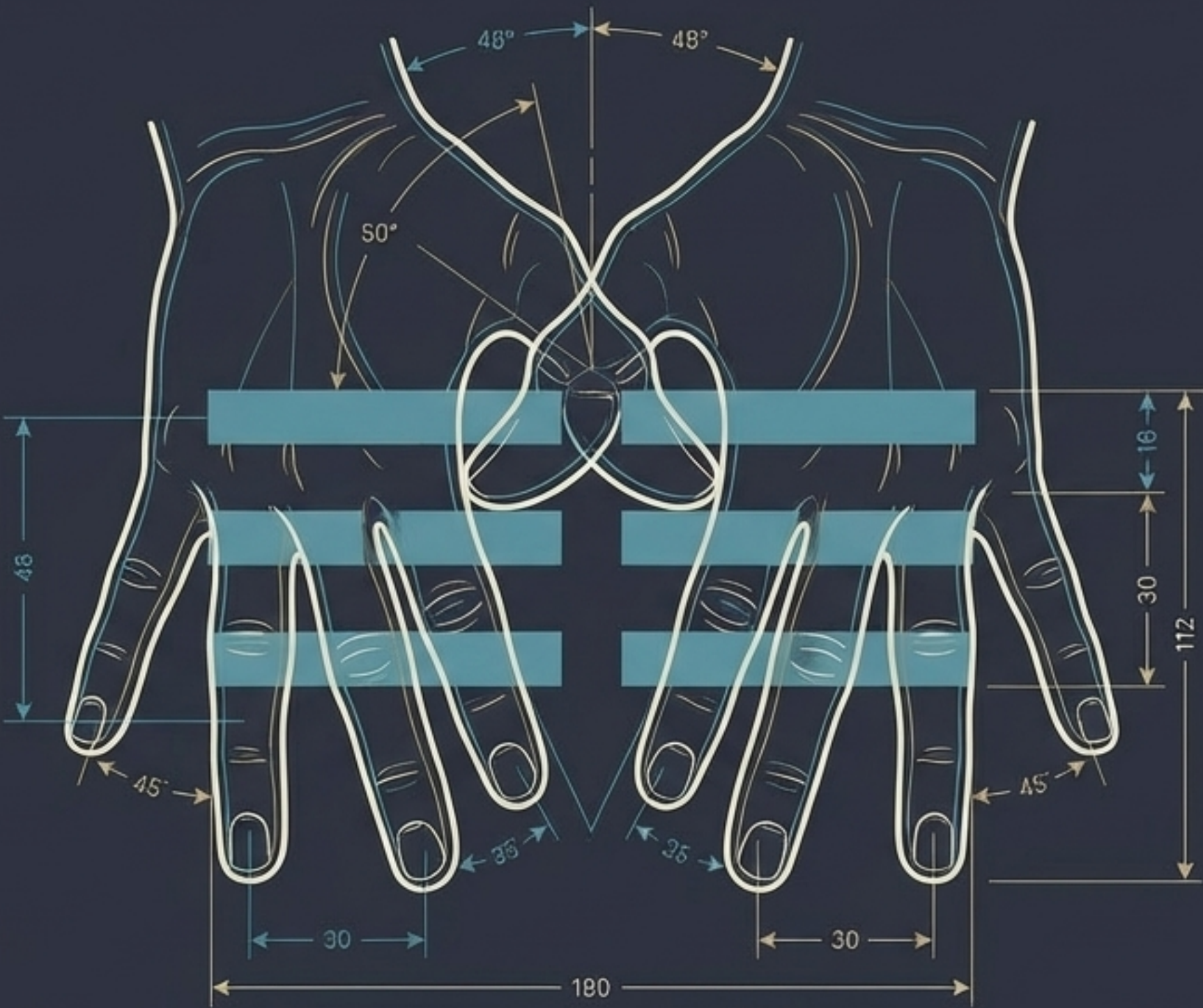
Domain: Heaven / Sky / Pure Yang

Configuration: Middle fingers elevated to emphasize three Yang lines.

Alchemical Purpose: Increase personal power; fuse the Three Treasures (Heaven, Earth, Man); dissolve awareness into infinite space.

Spirit

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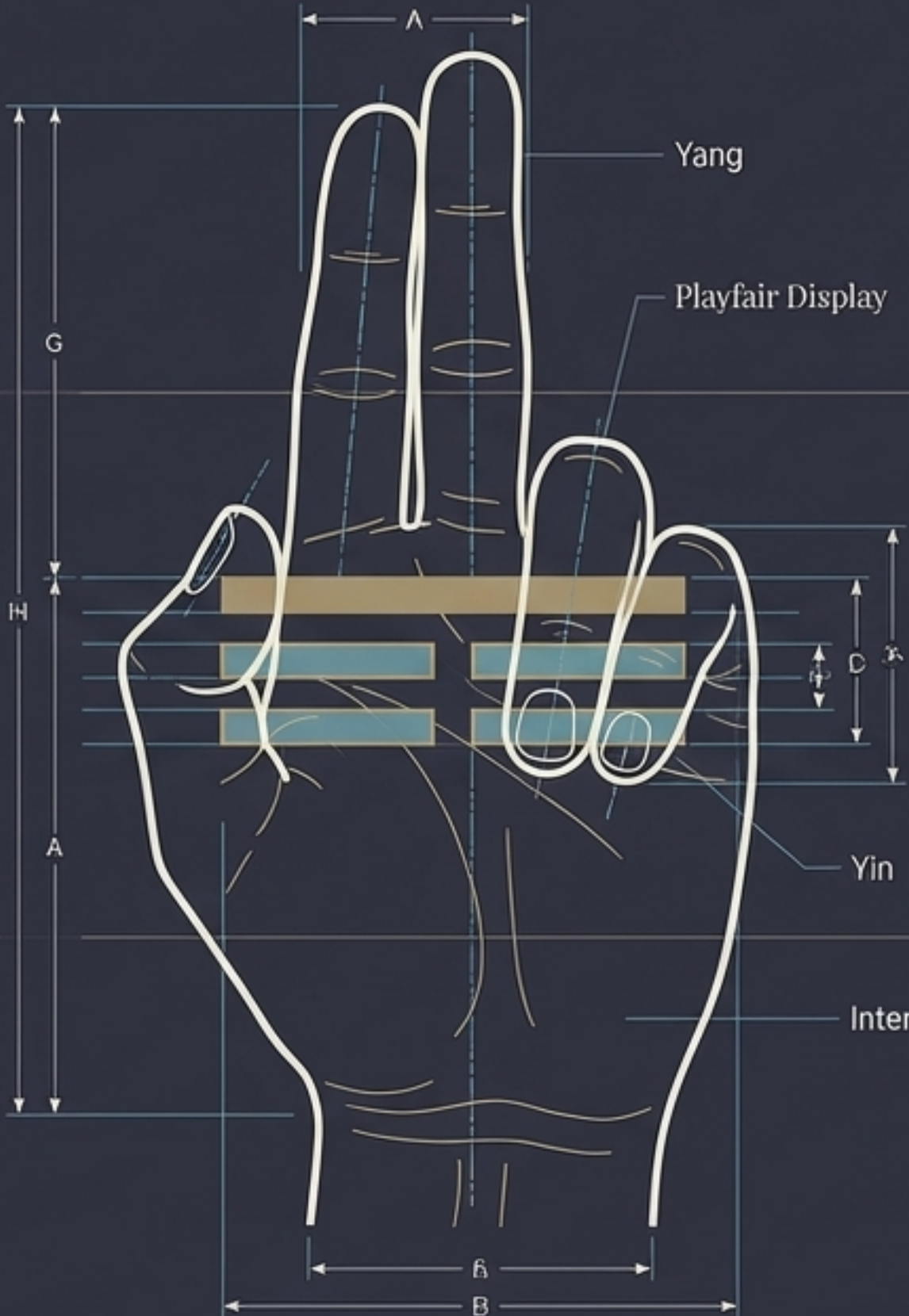
KUN Seal (Earth)

Trigram: ☷ (Three broken Yin lines)

Domain: Earth / Receptivity / Material Manifestation

Configuration: Middle six fingers arranged into three paired Yin positions.

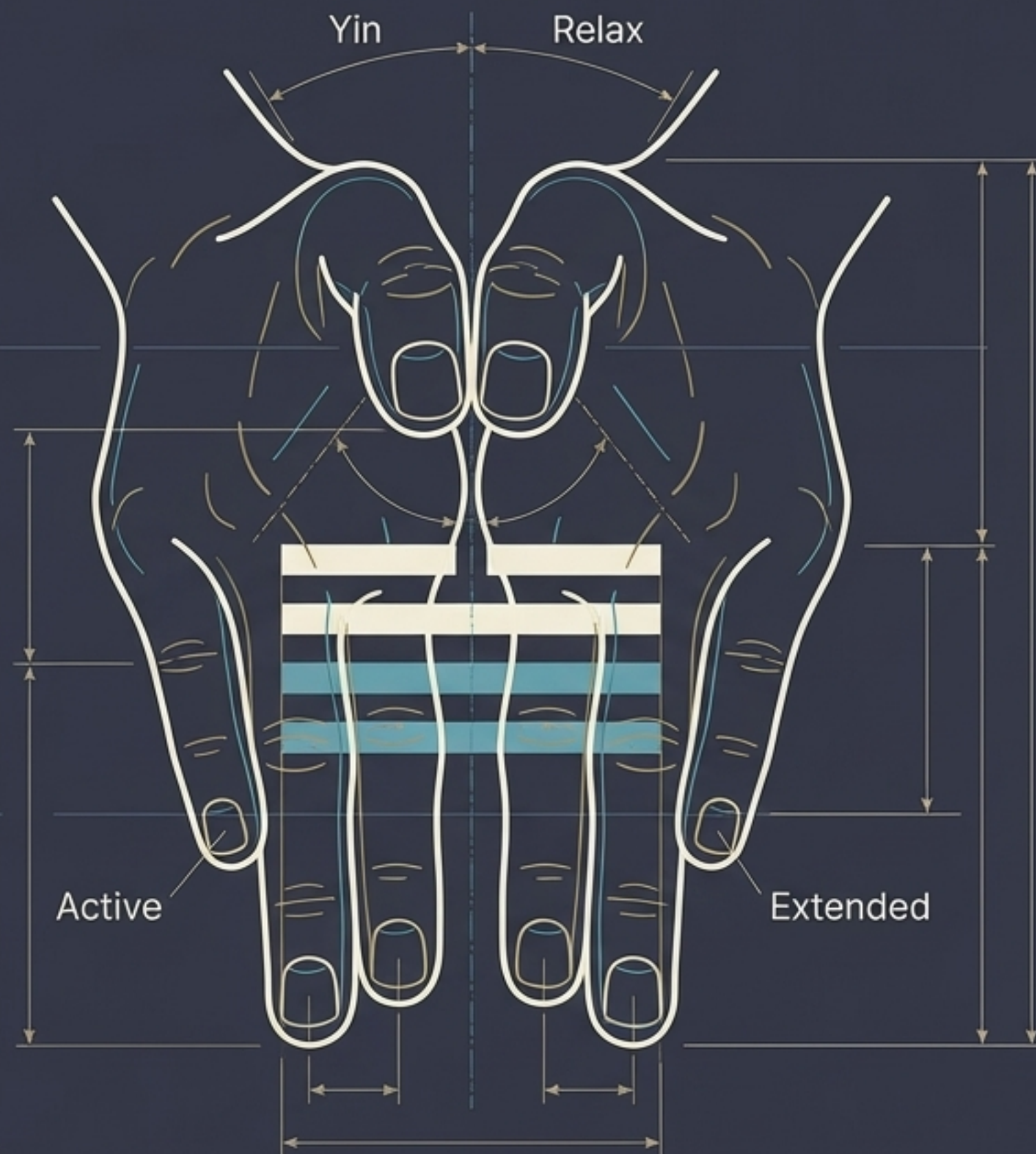
Alchemical Purpose: Create density and solidity; strengthen physical grounding; enter states of deep receptivity.

Spirit		<h2>ZHEN Seal (Thunder)</h2> <p>Trigram: ☳ (One Yang line over two Yin lines)</p> <table><tr><td>Domain:</td><td>Thunder / Movement / Vitality</td></tr><tr><td>Configuration:</td><td>Top fingers raised to represent dynamic activation over a receptive base.</td></tr><tr><td>Alchemical Purpose:</td><td>Gather dynamic energy; initiate rapid movement and change; facilitate spiritual growth.</td></tr></table>		Domain:	Thunder / Movement / Vitality	Configuration:	Top fingers raised to represent dynamic activation over a receptive base.	Alchemical Purpose:	Gather dynamic energy; initiate rapid movement and change; facilitate spiritual growth.
Domain:		Thunder / Movement / Vitality							
Configuration:		Top fingers raised to represent dynamic activation over a receptive base.							
Alchemical Purpose:	Gather dynamic energy; initiate rapid movement and change; facilitate spiritual growth.								
Energy									
Matter									

Spirit

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SUN Seal (Wind)

Trigram:

☳ (Two Yang lines below, one Yin line above)

Domain:

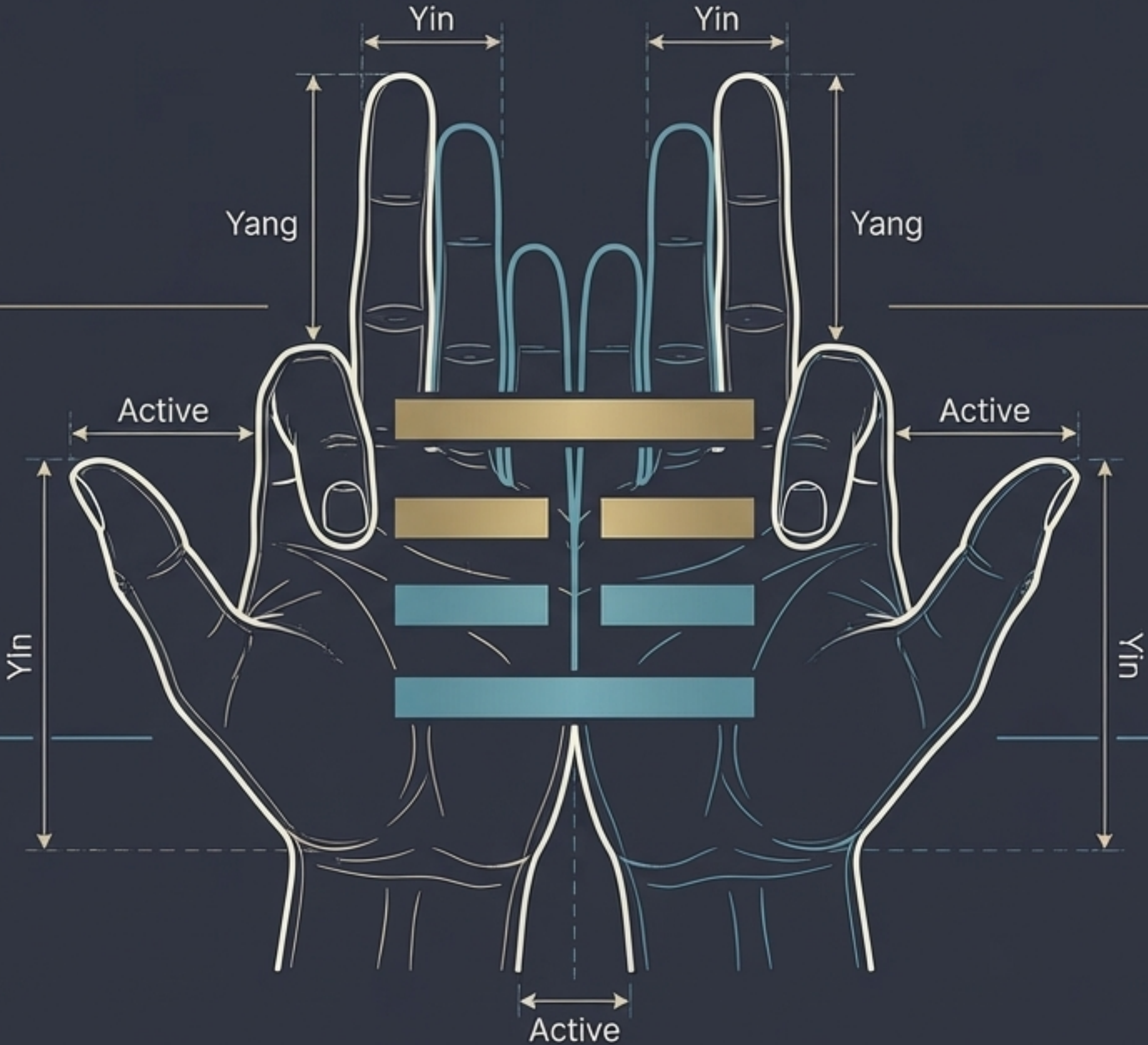
Wind / Air / Sensitivity

Configuration:

Fingers arranged two Yang below, one Yin above.

Alchemical Purpose:

Influence weather phenomena; drastically increase intuition and perception; facilitate energetic penetration.

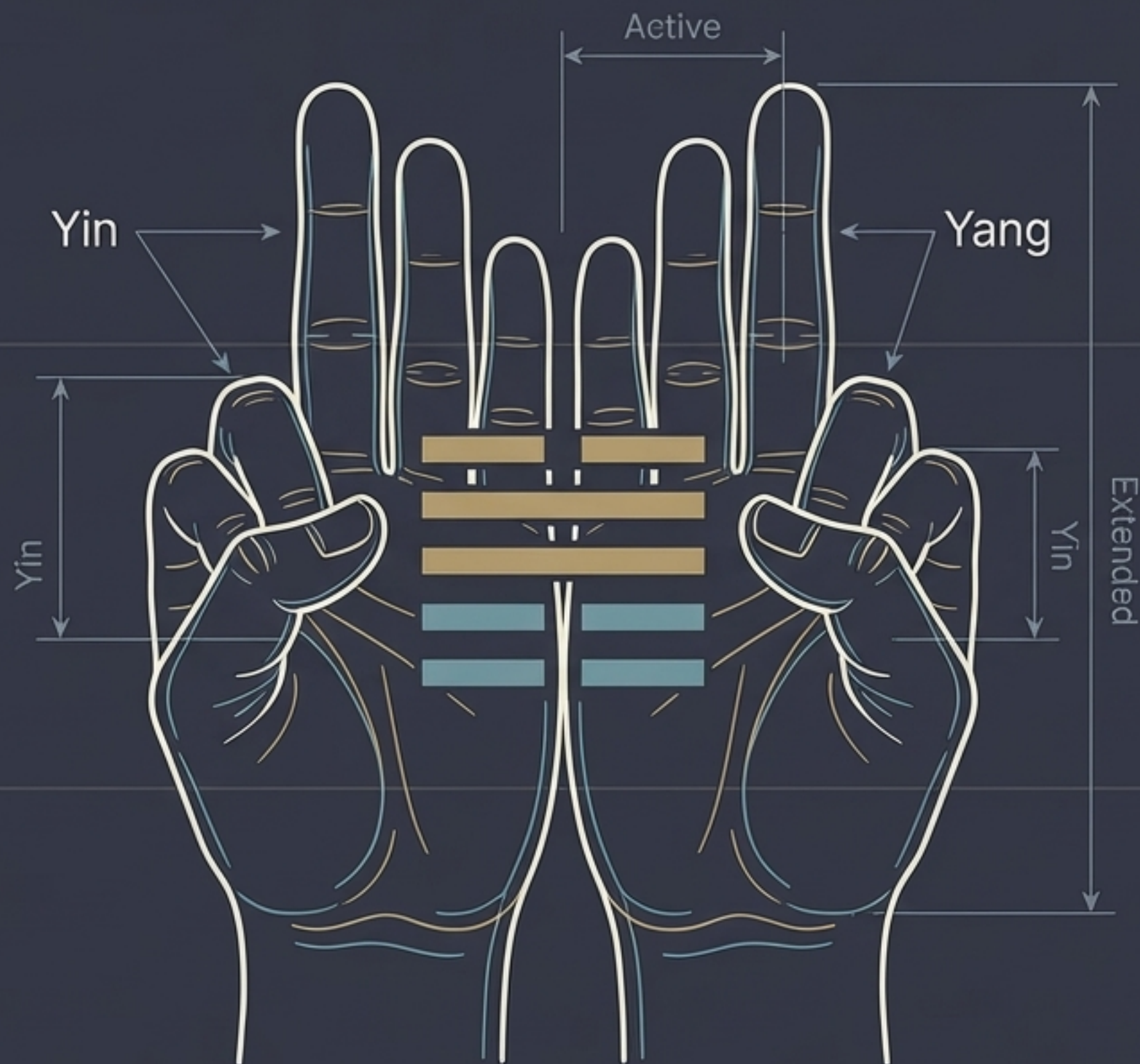
Spirit		KAN Seal (Water)	
Energy		Trigram: 	
Matter		Domain: Water / Cold / Fluid	
		Configuration: Fingers arranged in a Yang-Yin-Yang pattern.	
		Alchemical Purpose: Generate cold and darkness; enter shadow or hidden states; develop adaptability and ultimate formlessness.	

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LI Seal (Fire)

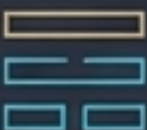
Trigram: ☲

Domain: Fire / Heat / Light

Configuration: Fingers arranged in a Yin–Yang–Yin pattern.

Alchemical Purpose: Generate fire and internal heat; amplify light and illumination; activate solar energy.

The Bagua Seal Matrix

Seal & Trigram	Elemental Domain	Binary Code	Primary Application
QIAN 	Heaven / Pure Yang	3 Yang (All Elevated)	Increase power; fuse Three Treasures
KUN 	Earth / Receptivity	3 Yin (All Relaxed)	Create density; physical grounding
ZHEN 	Thunder / Vitality	1 Yang / 2 Yin (Top Raised)	Initiate rapid movement and change
SUN 	Wind / Sensitivity	2 Yang / 1 Yin (Lower Extended)	Increase intuition; energetic penetration
KAN 	Water / Fluid	Yang-Yin-Yang Pattern	Enter shadow states; adaptability
LI 	Fire / Light	Yin-Yang-Yin Pattern	Generate internal heat; amplify light

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The Somatic Calculator

The Daoist practitioner does not merely make hand shapes; they hold a physical map of the universe. With the thumbs locking in the Heavens and the little fingers locking in the Earth, the middle fingers serve as a programmable interface. By dialing the precise somatic binary code, the practitioner turns their own body into an instrument for navigating the infinite void.